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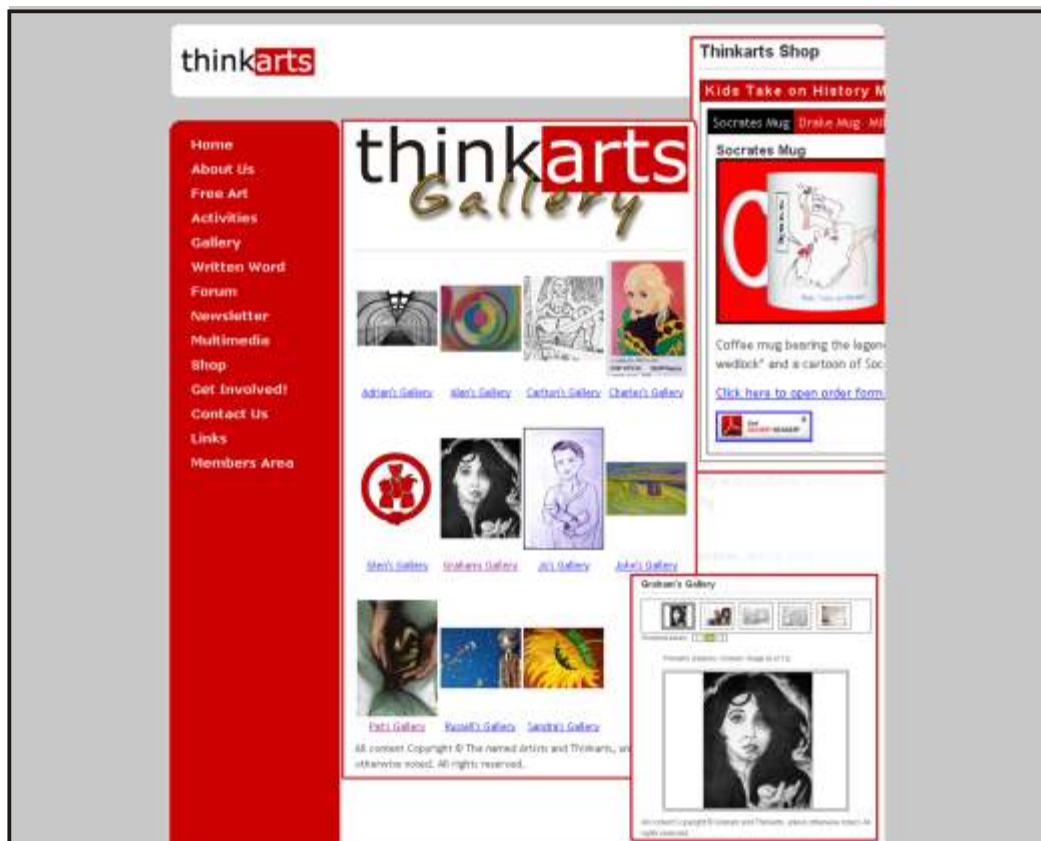
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RE-LAUNCH OF WEBSITE

Thinkarts website www.thinkarts.org has recently undergone a major transformation. In the last three months Thinkarts has formed new partnerships, developed new projects and expanded current activities.

The new site offers the viewer information about our past activities and also information on current projects across Redbridge, Waltham Forest, Barking & Dagenham and Havering. It identifies a “Thinkarts Link” person for each of the boroughs and also has downloadable pdf membership forms for prospective members.

Some of the exciting additions are: “Written Word” folder housing poems and creative writing material,

folder with information on past Thinkarts forums in Waltham Forest and “Get Involved” folder with info on upcoming projects. The “Gallery” has been expanded to showcase a wide range of talent. The website gallery is a great opportunity to showcase and sell your artwork. If you would like to have your work exhibited or sold, please get in contact with us.

The site is ever changing and developing and we want your contribution.

Do you have an upcoming exhibition or material to add to the site? Please contact us on admin@thinkarts.org

CURRENT PROJECTS

6 Days In A Lifetime

Jason Kelvin, a volunteer from Capital Volunteering, designed and coordinated a photography project which aimed to capture participants journeys and experiences of mental illness. The photographers took pictures at a designated day and time over a period of three months. The images are now being developed and produced using Photoshop. Each project member will select a few photographs for an exhibition at the end of the project.

Look out for further details.



Studio 3 Arts 20/20 Anniversary Project

This year Studio3 Arts will be celebrating their 20 year anniversary and have commissioned Thinkarts photographers to contribute to the "20 20 Vision" project.

Over the 6 months period, the volunteers will work with the whole Studio 3 Arts team to learn about the organisation, its history and its aims. The group will then visit the Studio 3 Arts workshops and events, recording and interpreting the activities of artists and participants to create a visual snap-shot of the organisations activities during its 20th year. In collaboration with the Studio 3 Arts team, the best images from the body of work will be chosen and go to print for the S3A Anniversary event exhibition which will be launched on 27 November 2007. The volunteers, overseen by the project manager (Martin Swann) will be responsible for production, curation and exhibition. A book of images will also be produced.

We're looking for a core group of volunteers to participate preferably for the whole duration of the project. The project caters for people with all levels of skills in photography by providing a "buddy" support structure. There will be a range of digital & non-digital cameras available for your use as well as tuition in digital processing and development of images. Travel & food expenses will be reimbursed.

Studio 3 Arts promotes and delivers quality arts to empower local communities and address today's social issues. Working in the London Boroughs of Barking & Dagenham, Havering, Redbridge and Waltham Forest, Studio 3 Arts tailor-makes arts activity for all the community in partnership with key local, regional and national organisations.

Studio 3 Arts creates dynamic participatory arts projects that challenge perceptions and attitudes, encourage creative solutions and promote personal development. Working with diverse communities, the organisation uses the arts as a means of addressing current and emerging social issues in an inclusive and original way.



This edition's featured artist **KERRY ADAMS**



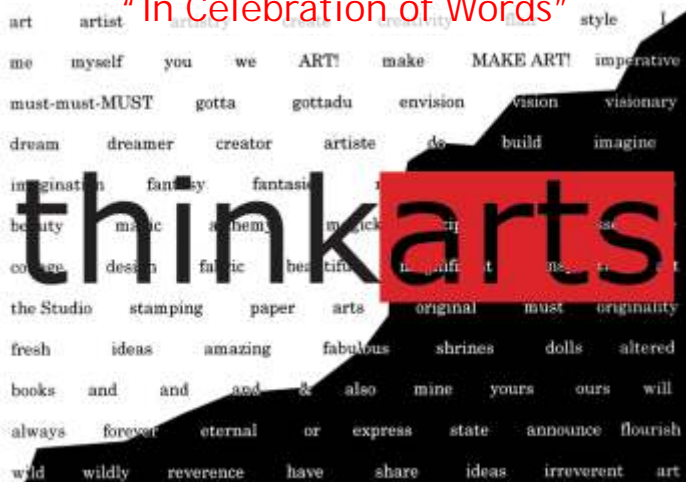
Kerry trained in Textile Design at Central St Martin's College 10 yrs ago. She has worked extensively as a designer in the fashion industry as well as teaching art and running workshops. **“Expressing self creatively helps me deal with the depression, it's a cathartic release”** says the artist. Kerry is a service user and our featured artist. She is currently setting up the “Artist In Residence Program” at Thinkarts Studio.

Kerry will be presenting at the August 07 forum (see page 4)



THINKARTS FORUM

Review of April 07 Thinkarts Forum "In Celebration of Words"



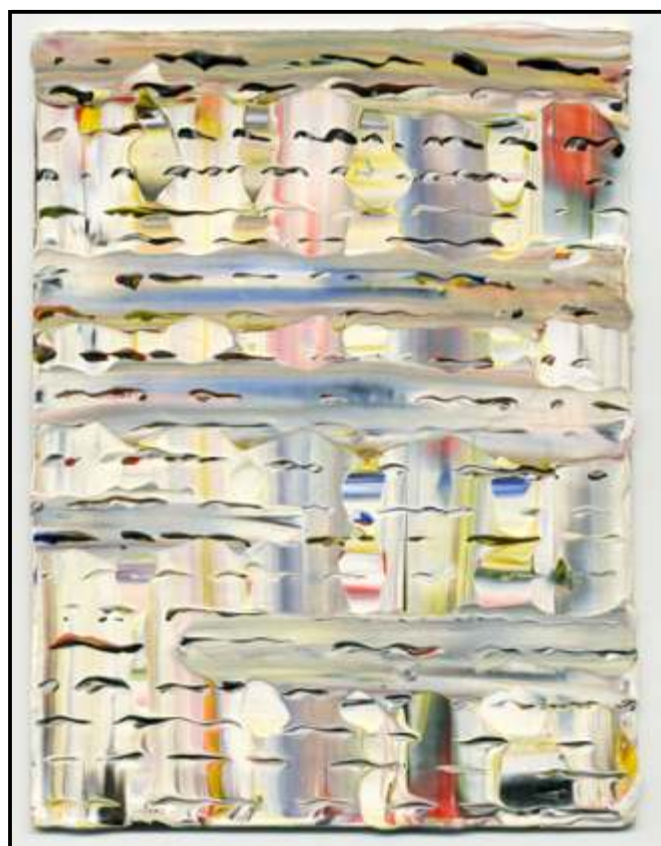
Pat Moore from the "Creative Collective" was the guest presenter at April's forum at Hawkwell Court in Chingford. The founding members Jackie Ede and Shaun Gastall established the "Creative Collective" in July 2005. Pat is an award winning published poet and a service user who offers a wealth of knowledge she has been co-facilitating this group with support from Shaun. There has been a few months break this year but she was hoping it would re-emerge in Waltham Forest in May 07, as an independent venture run at a local community venue. The "Creative Collective" is a free and open group that anyone who feels that they have a talent for writing can attend whenever they like. Another interesting thing about the writing collective is that it is a forum for budding poets and story writers in East London and includes writing in different languages. The forum was also an opportunity for Thinkarts members to bring along and share their written words. The poems ranged from mental health to homelessness and a small sample is included in this edition of our newsletter.

David Berlevy

UPDATE - the "Creative Collective" group has restarted in Waltham Forest. It's on every Thursday 2.00-4.00pm at Walthamstow Central Library.

Are YOU a Budding Writer?
Would like your work published?

We have created a "Written Word" folder on our Thinkarts website for members to publish their work. If you're interested, give us a call or email your pieces with your details to admin@thinkarts.org.



Kate Pennington

Next Forum
Friday 10th August 2007
10-30 to 12-30
Artist In Residency Program
Presented by Kerry Adams
Venue to be confirmed
Contact Cherry for details

Jo Landau

Jo was born in Israel in 1957 and moved to London in 1970 where she now lives and paints. She has had a variety of jobs, from shop assistant to workshop printer, and first started painting at an early age as a form of self-expression.

Jo is an established full-time painter with many pieces now in private collections. To see more of Jo's work visit www.mixart.co.uk

When night falls,
I shall gaze at the stars
Which seem so close, and yet so far.
I wish I could fly in space,
All over the place,
Andy maybe there I'll find happiness;
I'll fly North, East, South and East -
I know there I shall find rest.
I shall travel found and round
Until, at last, peace I find;
But it's gone late; I'll soon go to bed,
So, good night, stars,
See you all when night falls
And in the street there'll be parked cars;
And with you I dream some more
Of far-away skies, seas and shores
And the love I'm longing for.



They say each one who is here
Is here for a reason
So I search for mine,
Being here:
I went through since my childhood
To the present years;
Wondered whether what they said was true,
For I haven't found the reason yet
And it might be too late;
So I'll have to live my life for no reason
And pass my time season to season:
Sometimes there will be passing dreams too;
So I'm here for no reason this is all
I can do.

Jo Landau

Jo Landau

The Fox

A furry brown fox lies contently on the lawn,
In our back garden, I remember since it was
born,
Its mother seems to have left the fox alone
To fend for itself the cub till grown,
For now it has to find its own food,
But it will succeed as the fox is shrewd,
Cunning, swift with its fluffy brush tail,
To search for food for survival, it will not fail,
And when the fox finds something tasty and
gleaming,
You can hear the animal being attacked,
screaming.

By David Berlevy

The Tiger



A **Bengal tiger** in the jungle stirs,
He opens his eyes wide and purrs,
His eyes shine brightly in the dark,
Like a candle lit by a sudden spark,
The **tiger** gently starts its walking,
Searching for prey it begins its stalking,
Its razor sharp teeth in jaws open wide,
The **Bengal; tiger** spots a vulnerable chicken,
It fixes its eyes and starts to quicken,
Its heart beats faster as it chases the fowl,
Nothing is safe then, the **tiger** is on the prowl,
It grabs the chicken tightly in its jaws,
With great power it does not even pause,
It wrenches the luckless chicken limb from limb,
The prospect for all livestock here is grim,
For once the **tiger** has a smell for fleshy meat,
It will not stop hunting once on its feet.

David Berlevy

GET INVOLVED!

COMPETITION

Design a Logo for

"FIT FOR 2012"

Celebrating the Physical Fitness and the Arts developed across NELMHT.

PRIZE £50

Closing date for entries 30 July 07

Contact: admin@thinkarts.org or 02089704043/0844 600 1218

BARKING & DAGENHAM

Art Group

Brand new thinkarts art group starting in your Borough.

Time: Friday 10-12noon

Venue: Hedgecock Centre
Barking Hospital, Upney Lane, Barking

Contact: Julie or Lucy on 02082767880 or 02082767884



Last year there were 59 exhibitions and events and over 100 artists in galleries, museums, shops, cafes, houses, hedges and more. What will happen this year? Only you can make it happen.

Now in its third year, the E17 Art Trail returns to one of the capital's unsung creative quarters nestled at the end of the Victoria Line. It showcases a range of artists' work across the compact area of a single postcode. A huge diversity of contemporary practice was reflected, including installation, performance, film and video, painting, printmaking, photography, sculpture, architecture and poetry.

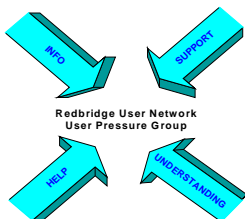
The richness and variety of the artworks will be complemented by that of the venues used: every possible space will have an exhibition; from the William Morris Gallery, Changing Room Gallery and Vestry House Museum, to shops, homes and gardens and street furniture.

STOP PRESS:

All systems go: This year we are taking registrations via the website: <http://www.e17arttrail.co.uk/>

Volunteers Wanted To Read Extracts From Report

RUN-UP (Redbridge User Network User Pressure Group) will be launching their report on "The experience of people from Black, Asian and Minority ethnic groups in adult acute mental health settings in Redbridge A qualitative research study aimed at improving the quality of mental health care for a culturally diverse community". The launch will be on Tuesday 17th July 2007. For more details contact: Olesia Veremchuk on 02089704043/08446001218



GET INVOLVED!

SEEING THE WOODS FROM THE TREES FESTIVAL MENTAL HEALTH WEEK

In October 2007, a group of health and voluntary organisations are coming together to launch 'Seeing Woods from the Trees' Festival to celebrate World Mental Health Week.

The weeklong celebrations across the Waltham Forest community will showcase art, music, dance, free workshops and educational sessions. The festival is by local people for the local people. All events will be promoted through a poster and on our website.

The aim of the festival is to break down the barriers of stigma and promote social inclusion through community participation. The focus will be on recovery and mental health well-being.

We want YOU!!! We're looking for organisations to join our festival celebrations. Join in or let us know what you're doing for the MH week.

Come along to see free art, music, sports and try out our free workshops and many more events offered throughout the borough.

SPONSORSHIP DONATE VOLUNTEERING EXHIBITION & HEALTH PROMOTION WORKSHOPS

If you would like to help in any of these ways or would like any further information please contact: **Cherry or Matt on 02085215223**

Come and see how well mental health can be!!!



Paint The Town Red
8th - 14th October 2007

Bford Central Library, Clements Road, Bford, IG1 1EA

If you would like to exhibit please contact:

Jan Ahrms
Redbridge Concern for Mental Health
Tel: 020 8925 2435
rcmh@btconnect.com

Vivienne Wheeler
thinkarts
Tel: 020 8970 4043/0844 600 1218
admin@thinkarts.org

thinkarts

Newsletter Volunteers

Core group of volunteers wanted to co-ordinate, produce and print a quarterly thinkarts newsletter.

We need Artists, Writers, Photographers, Proofers, Layout Artists, Journalists.

Support and training will be provided

Contact admin@thinkarts.org or
Phone: 02089704043 / 08446001218

CONTACTS

THINKARTS Team Contact List			
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FOR SALE



Kids take on history mugs £1.50 each or a set of 4 for just £5.00

Send a cheque made payable to Thinkarts to the following address:

You can order
on-line at
www.thinkarts.org

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c/o Occupational Therapy Dept.,
Goodmayes Hospital
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Essex IG3 8XJ

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